

## Hair

A girls hair is worn in ringlets, the curlier the better. Hair is as individual as the individual is. You will have to experiment to find what works best for your child but here are some recommendations. Prepare your child's hair no less than 12 hours in advance. Wash the hair (avoid conditioner) and dry very thoroughly. If there is time for the hair to dry completely while in rollers there are some advantages to doing so but be warned...if there is the slightest dampness when the curlers are removed the curls will droop immediately. The following is a suggested list of ingredients to obtain the perfect "Trinity Curls":

Alcohol based mousse (dries faster. Pretest in case of allergy)  
Dippity-Doo, White Rain mousse/hairspray work well  
Sponge hair rollers and end papers....more hair needs more rollers  
Figure 50-60 rollers as a minimum  
"Soft Spikes", available online, work best  
Sponge only...hard curlers don't work as well  
short or naturally curly long hair use medium rollers  
long or straight hair use small rollers  
Small rubber bands or flat barrette  
Hair nets  
Headband

Part the hair from the back of the ear over the top of the head to the other ear. Use a small rubber band or barrette to hold the ponytail on top of the head so it will be covered by the headband when the curlers are removed. Clip the pony tail up and out of the way. Section the hair off starting with the very top of the head directly behind the pony tail. Sections should be no wider than the width of the roller. The desired effect is lots of bouncy curls so you want to use many small strands of hair. Apply some mousse to the whole section of hair all the way to the very end. Starting at the very end of the section, roll it all the way to the top placing the roller vertically against the head. Be sure to roll all the way from the end...don't wrap the end around the roller and don't forget to use the end papers. Direction in which you roll doesn't matter. Roll the top section with the latch end of the roller up and the hinged end down. The pony tail may be set after this section is done. This will take many, many rollers and each curl should be the same tightness when pulled as the rest of the curlers so be careful not to use too much hair in each. Use the same technique to do the section directly below the first and work your way around to the front on each side all the way to the front before going on to the next section below. Continue in this way until the whole head is rolled. When done there should be sets of concentric half circles surrounding the top section with no gaps between, above, or below each roller. Wrap the whole head in a hair net to keep everything in place while sleeping and traveling.